



## **PLEDGE SHEET**

Please join me in helping us meet our goal of raising **\$5,000.00** for the North Syracuse Early Education Program at Main Street! We are holding a **Get Active Walk-A-Thon** on **Friday, February 15, 2019 (snow date February 25)**, in the school gym. While obtaining each pledge donation, we ask you to “**Get Active**” with one of the suggested activities: 10 jumps in place; 5 sit-ups while holding parent’s hands; 5 squats; 10 second plank or downward dog; 30 seconds of running in place; lift one foot up & down 5x; or 4-step wheelbarrow. When completed write the activity you and your child chose next to the donation number. 100% of the funds raised will be used to purchase staff requests and building upgrades. All participants will receive a ribbon necklace, snack and a brochure of suggested indoor and outdoor activities for all seasons of CNY. In addition, the top three classrooms with the highest amount of donations will enjoy a class frozen yogurt party! For every \$20 raised all Participants will be entered or have multiple entries in a drawing to win a “**Get Active**” Prize. Have **fun** and “**Get Active**”!

Please sponsor with a flat pledge. Donations can be made by check (**Payable to Friends of NSEEP**), credit card via PayPal on [www.fnseep.org/getactive](http://www.fnseep.org/getactive) or be mailed to FNSEEP Walk, 210 South Main Street, North Syracuse, NY 13212. All Donations are **tax-deductible**. ***Thank You for your support!***

<b>Activity Chosen</b> Write in one of the following: 10 jumps; 5 sit-ups; 5 squats; 10 second plank; 30 seconds running in place; lift one foot 5x; 4-step wheelbarrow.	<b>NAME</b>	<b>FLAT PLEDGE AMT.</b>	<b>Method</b> <b>(Check/Cash/PayPal)</b>
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Walker’s Name: \_\_\_\_\_ Total Amount Collected: \_\_\_\_\_

Teacher’s Name \_\_\_\_\_ Please return this bottom portion of this form and money collected **no later than March 01<sup>st</sup>** in an envelope with your teacher’s name on it. Don’t forget, that the top 3 classrooms with the highest percentage of donations will enjoy a frozen yogurt party. Print more pledge sheets off our Website or collect in Main Office.

**Every Penny Collected Helps Us Get Closer To Our Goal!**

